The Reclaim Mode Manifesto

NO SHAME.

You are not out of integrity. You are not an addict.

SEX IS NOT **THE ENEMY**. It's not evil. It's not dirty. Your desires are natural

YOU ARE A HUMAN BEING IN CONTEXT.

Not a disorder. Not a diagnosis. Just someone ready for change.

SEX WAS NEVER THE PROBLEM.

It was a **signal**. A **symptom.**

A survival strategy.

THERE IS NO **PEDESTAL** HERE

No purity tests.

No moral condescension.

No religious faux superioirity

THIS ISN'T ABOUT WILLPOWER.

YOU ARE **RIGHT HERE**. You are not broken. You are becoming.

WE DON'T DO DOGMA.

We ground in **Neuroscience** and **Psychology**

RECLAIM MODE IS ABOUT RECONNECTION. Reclaim your freedom. Your pleasure. Yourself

